

## [1] APPENDIX PRAYERS - NOVENA PRAYER TO SAINT PHILOMENA

O faithful virgin and glorious martyr, Saint Philomena, who works so many miracles on behalf of the poor and sorrowing, have pity on me. Thou knowest the multitude and diversity of my needs. Behold me at thy feet, full of misery, but full of hope. I entreat thy charity, O great saint! Graciously hear me and obtain from God a favorable answer to the request which I now humbly lay before thee. (*Here specify your petition.*) I am firmly convinced that through thy merits, through the scorn, the sufferings, the death thou didst endure, united to the merits of the Passion and Death of Jesus, thy Spouse, I shall obtain what I ask of thee, and in the joy of my heart I will bless the God, who is admirable in His saints. Amen.

Nihil Obstat: Stephen Schappler, O.S.B.  
Coadjutor Abbot, Imm. Conc. Prov.

Imprimatur: †Charles Hubert Le Blond  
Bishop of Saint Louis, January, 1952

### THREE-PART NOVENA PRAYER

We beseech Thee, O Lord, to grant us the pardon of our sins by the intercession of Saint Philomena, virgin and martyr, who was always pleasing in Thy sight by her eminent chastity and by the profession of every virtue. Amen.

Illustrious virgin and martyr, Saint Philomena, behold me prostrate before the throne whereupon it has pleased the Most Holy Trinity to place thee. Full of confidence in thy protection, I entreat thee to intercede for me with God. Ah, from the heights of Heaven deign to cast a glance upon thy humble client! Spouse of Christ, sustain me in suffering, fortify me in temptation, protect me in the dangers surrounding me, obtain for me the graces necessary to me, and in particular (*here specify your petition*). Above all, assist me at the hour of my death. Saint Philomena, powerful with God, pray for us. Amen.

O God, Most Holy Trinity, we thank Thee for the graces Thou didst bestow upon the Blessed Virgin Mary, and upon Thy handmaid Philomena, through whose intercession we implore Thy Mercy. Amen.

Nihil Obstat: Rev. Leo J. Ward, Censor Librorum

Imprimatur: †Edward Cardinal Mooney  
Archbishop of Detroit, December 1, 1947

### THE "LITTLE CROWN" OR CHAPLET OF SAINT PHILOMENA

This chaplet consists of a **medal** of the Saint, **three white beads** – signifying virginity and in honor of the Blessed Trinity, for whose sake she laid down her life, and **thirteen red beads** – signifying martyrdom and commemorating the number of years Philomena lived on earth.

The "Little Crown" of Saint Philomena is a popular way of asking her help. This is prayed by saying first the **Apostles' Creed** to ask for the grace of faith. Then three **Our Fathers** are said, in honor of each of the three Divine Persons of the Blessed Trinity, in thanksgiving for the graces bestowed on Saint Philomena and for all favors that have been obtained through her intercession. The following prayer is then repeated thirteen times to commemorate the thirteen years that Saint Philomena is supposed to have spent on earth:

**Hail, O holy Saint Philomena, whom I acknowledge, after Mary, as my advocate with the Divine Spouse; intercede for me now and at the hour of my death.**

**Saint Philomena, beloved daughter of Jesus and Mary, pray for us who have recourse to thee.**

The following prayer is said at the end of the Chaplet:

**Hail, O illustrious Saint Philomena, who didst so courageously shed thy blood for Christ. I bless the Lord for all the graces He bestowed upon thee during thy life, and especially at thy death. I praise and glorify Him for the honor and power with which He has crowned thee, and I beg thee to obtain for me from God the graces I ask through thy intercession. Amen.**

In praying the "Little Crown," it is suggested that one ask for the grace of purity in honor of the virginity of the Saint, who suffered death rather than tarnish this virtue; and secondly, for courage and fortitude to be faithful to the duties of a Christian, as she was.

### PRAYER TO SAINT PHILOMENA FOR GROWTH IN VIRTUES

O glorious virgin, whose glory God has been pleased to make known by singular miracles, we address ourselves to thee with entire confidence! Obtain for us that, following thy example, we may fight courageously against whatever is opposed to the reign of Jesus Christ in our hearts; that we may adorn our souls with virtues like thine, particularly with that angelic purity of which thou art the perfect model: and that inflamed with the love of Jesus, we may continually walk in the way which He has marked out, so that we may one day partake of thine everlasting happiness. Through our Lord Jesus Christ, who with the Father and the Holy Ghost lives and reigns, on God, in perfect Trinity, forever and ever. Amen.

### PRAYER FOR PURITY

O glorious Saint Philomena, who, animated by a burning love for Jesus our Saviour, didst shine in Holy Church by the splendor of perfect virginity and the practice of the most heroic virtues, obtain for us of thy Divine Spouse the grace to keep ever unstained the precious treasure of chastity and to practice with generosity the virtues of our state, that having walked in His footsteps after thine example during our life on earth, we may rejoice in His glory with thee through all eternity.

Saint Philomena, happy virgin, adorned with all the charm of innocence, and beautified, besides, with the purple of martyrdom, obtain for us the grace to know how to suffer all and to sacrifice all in order to be faithful to God till death and possess Him eternally in Paradise. Amen.

### PRAYER FOR THOSE WHO WEAR THE CORD OF SAINT PHILOMENA

O most pure virgin, glorious martyr, Saint Philomena, whom God in His eternal power seems to have revealed to the world in these disastrous days of ours in order to revive the faith, sustain the hope, and inflame the charity of Christian hearts, I

kneel at thy feet. Deign, O kindest virgin, to receive my humble prayers, and to obtain for me that strength of soul which made thee resist the most terrible attacks of tribulation and suffering: that ardent love for Jesus which the most fearful sufferings could not extinguish in thy heart. Protect me in all the events of my life, from all dangers, spiritual and temporal. Be present with me also in my last hour, which I commend to thy loving charity with confidence, since in life I love thee and wear thy holy cord as a mark of my special devotion toward thee, the beloved of Jesus and Mary.

#### **SHORT DAILY PRAYER FOR THOSE WHO WEAR THE CORD OF SAINT PHILOMENA**

O Saint Philomena, virgin and martyr, pray for us, that through thy powerful intercession we may obtain that purity of mind and heart which leads to the perfect love of God. Amen.

**LITANY OF SAINT PHILOMENA** Composed by St. John Vianney, the Curé of Ars.

Lord, have mercy on us. / *Christ, have mercy on us.*

Lord, have mercy on us. Christ hear us. / *Christ, graciously hear us.*

God the Father of Heaven, / *Have mercy on us.*

God the Son, Redeemer of the world, / *Have mercy on us.*

God the Holy Ghost, / *Have mercy on us.*

Holy Trinity, One God, / *Have mercy on us.*

Holy Mary, Queen of Virgins, / *Pray for us.*

Saint Philomena, / *Pray for us.*

Saint Philomena, filled with abundant graces from the cradle, / *pray for us.*

Saint Philomena, model of virgins, / *etc.*

Saint Philomena, temple of the most perfect humility,

Saint Philomena, victim of the love of Christ,

Saint Philomena, example of strength and perseverance,

Saint Philomena, invincible athlete of chastity,

Saint Philomena, mirror of most heroic virtues,

Saint Philomena, firm and intrepid before torments,

Saint Philomena, scourged like thy Divine Spouse,

Saint Philomena, pierced by a shower of arrows,

Saint Philomena, consoled in chains by the Mother of God,

Saint Philomena, miraculously cured in prison,

Saint Philomena, sustained by angels in the midst of tortures,

Saint Philomena, who preferred humiliation and death to the splendor of a throne,

Saint Philomena, who converted the witnesses of thy martyrdom,

Saint Philomena, who wore out the fury of thine executioners,

Saint Philomena, patroness of the innocent,

Saint Philomena, patroness of youth,

Saint Philomena, refuge of the unfortunate,

Saint Philomena, health of the sick and infirm,

Saint Philomena, new light of the Church Militant,

Saint Philomena, who confounds the impiety of our age,

Saint Philomena, who reanimates the faith and courage of the faithful,

Saint Philomena, whose name is glorious in Heaven and terrible in Hell,

Saint Philomena, illustrious by the most splendid miracles,

Saint Philomena, powerful with God,

Saint Philomena, who reigns in glory,

Lamb of God, Who takest away the sins of the world, / *Spare us, O Lord.*

Lamb of God, Who takest away the sins of the world, / *Graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of the world, / *Have mercy on us.*

V./ Pray for us, Saint Philomena,

R./ *That we may be made worthy of the promises of Christ.*

#### **LET US PRAY**

We beseech Thee, O Lord, to grant us the pardon of our sins by the intercession of Saint Philomena, virgin and martyr, who was always pleasing in Thy sight by her eminent chastity and by the profession of every virtue. Amen.

*You can buy the book in French of R.P. Paul O'Sullivan, o.p. (E.D.M.), **Sainte Philomène** La « chère petite Sainte » du Curé d'Ars. Éditions LEPAREX, Outremont (Québec) 3<sup>e</sup> édition 2002, 157pages. (extraits des pp. 136-146). Traduit par Jean-Claude Lemyze et faites la commande du livre au prix de 10.50\$ de l'article FRA 651 aux Éditions du Priant, 109 rue Principale S., Montcerf-Lytton. Qc J0W 1N0 à :*

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