

**SUGGESTED STEPS for the PRAYER MEETING
with The Flame of Love of the Immaculate
Heart of Mary**

We start the prayer by making five times the sign of the Cross in honor of the five Holy Wounds of the Crucifixion of Our Lord Jesus Christ :

Lord, in the honor of the holy wound of your right hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your right foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the sacred wound of your side where came the water and the blood who purify our hearts and our souls, in the name of the Father, and the Son and the Holy Spirit, amen. »

I am offering myself today to You, Eternal Father by the wounds of your holy Son and the mighty Flame of Love of Mary.

« Saint Michael the Archangel, defend us in battle, be our protection against the malice and snares of the devil. May God rebuke him we humbly pray; and do thou, o Prince of the Heavenly host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen. »

I believe in God, Our Father, Hail Mary (3 times), Glory be to the Father.

We pray the Rosary and insert in each Ave Maria the petition to the Flame of Love thus :

Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, **spread the effet of grace of Thy Flame of Love over all of humanity**, now and at the hour of our death. Amen.

After each decade :

« O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Thy Mercy. »

« Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary. »

MYSTERIES : -The Joyful Mysteries (Monday and Saturday) 1-The Annunciation let us pray for humility. 2-The Visitation let us pray for more charity toward our brothers ans sisters. 3-The Nativity let us pray for spirit of poverty. 4-The Presentation let us pray for courage in trials and sufferings. 5-The Finding in the Temple let us pray for the seeking of Jesus in all things.

-The Mysteries of Light (Thursday) 1-The Baptism in the Jordan let us pray for more docility to God's Spirit. 2-Jesus' Self Manifestation at the Wedding of Cana let us pray for greater confidence in Mary's intercession. 3-Jesus proclaim the Kingdom of God with his call to conversion let us pray for more trust in God's mercy in the Sacrament of Reconciliation. 4-The Transfigura-tion on Mount Tabor let us pray for knowledge of God and obedience to his word. 5-The Institution of the Eucharist let us pray for a fervent love for Jesus in the Eucharist.

-Sorrowful Mysteries (Tuesday and Friday) 1-The Agony in the Garden let us pray for repentance of our sins. 2-The scourging of Jesus at the Pillar let us pray for purity of heart and spirit. 3-The Crowning of Jesus with Thorns let us pray for the patient acceptance of trials. 4-Jesus carries His Cross let us pray for the grace of self forgetfulness. 5-The Crucifixion let us pray for the conversion of sinners.

-Glorious Mysteries (Wednesday and Sunday) 1-The Resurrection let us pray for faith. 2-The Ascension let us pray for an ardent desire of Heaven. 3-The Descent of the Holy Spirit let us pray for the gifts and the fruits of the Holy Spirit. 4-The Assumption of our Lady let us pray Mary for the grace of happy death. 5-The Crowning of the Blessed Virgin Mary let us pray Mary to attain sainthood.

At the end of the Rosary, we may ask Jesus to take us in spirit before His Eucharistic Presence throughout the world to adore Him. We recite the prayer :

**May our feet journey together,
may our hands gather in unity,
may our hearts beat to the same rhythm,
may our souls be in harmony,
may our thoughts be in unison,
may our ears listen to the silence together,
may our glances melt in one another,
and may our lips beg Our Heavenly Father,
together, to obtain Mercy. Amen.**

**PRAYER FOR THE PROPAGATION OF THE FLAME OF
LOVE**

with the personal approval of his Holiness Pope Paul VI
November 1973

Blessed Virgin Mary, our Mother, your love of God and your love for us your children is such that you offer us to your Divine Son Jesus on the Cross, to obtain forgiveness for our sins from the Eternal Father, and thus, obtain our salvation, and for anyone believing in Jesus not to perish but obtain Eternal Life.

It is with filial trust that we beseech you, Blessed Mother, with the Flame of Love of your Immaculate Heart and through the Holy Spirit, to inflame in our hearts the fire of a perfect love for God and all men.

Help us to spread this holy Flame to all people of goodwill, so that the Flame of Love may extinguish the fires of hate all over the world, and Jesus, the Prince of Peace, may be King, front and center, in every heart, in the Sacrament of His Love on the throne of our Altars. Amen.

**CONSECRATION TO THE
IMMACULATE HEART OF MARY**

O Immaculate Heart of Mary, ever-filled with kindness, show us your Love. May the Flame of Love of your Heart descend upon all men. We love you with all that we are. Instil true love in our hearts, that we may have toward you an unceasing devotion.

O Mary, who art meek and humble of Heart, remember us when we are in a state of sin. By means of your motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies.

Grant that we may always see the kindness of you motherly Heart, and be converted by your Flame of Love. Amen.

You can call upon Saint Joseph with the following prayer or that of your choice :

O God, who by your ineffable Providence condescended to choose Saint Joseph as the spouse of your Most Holy Mother, grant us, we beseech Thee, that we may have as intercessor in

Heaven the one we venerate as a protector on earth. Amen.

Saint Joseph, you sought a refuge for the Blessed Virgin in Bethlehem, help us to seek a refuge for Her Flame of Love in all the hearts. Amen.

We end the prayer by making five times the sign of the Cross in honor of the five Holy Wounds of Our Lord Jesus Christ :

Lord, in the honor of the holy wound of your right hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left hand, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your right foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the holy wound of your left foot, in the name of the Father, and the Son and the Holy Spirit, amen; in the honor of the sacred wound of your side where came the water and the blood who purify our hearts and our souls, in the name of the Father, and the Son and the Holy Spirit, amen. »

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SPIRITUAL DIARY

by Elizabeth Kindelmann :

<http://www.salvemaria.ca/index-en.html>

The original Hungarian Spiritual Diary of Elizabeth Kindelmann received the imprimatur number 494-4/2009 by cardinal Péter Erdő, Primate of Hungary, on June 5, 2009.

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